

Pumpkin Patch Menu – Week One

Breakfast	Snack	Lunch	Tea	Snack
Cereals & toast Fruit	Choice from the fruit bowl	Salmon and pea risotto Pineapple rings	Oat cakes with cream cheese, Cheese sticks, grapes and apples	Rice cakes
Cereals & toast Fruit	Choice from the fruit bowl	Chicken and ham pie served with creamy Mash and Seasonal vegetables Traditional semolina	Beans on wholemeal toast Spiced oat cookies	Corn thins
Cereals & toast Fruit	Choice from the fruit bowl	Vegetarian sausage* turnover, potato wedges and corn on cob Raspberries and fromage frais	Wrap Selection Watermelon wedges	Corn thins
Cereals & toast Fruit	Choice from the fruit bowl	Spaghetti bolognese and garlic bread Vanilla cheesecake	Cheese and Marmite Scones Fruit Yogurt	Rice cakes
Cereals & toast Fruit	Choice from the fruit bowl	Chicken Fajita served with sour cream, salsa and guacamole. Banana choc Ices	Tuna and sweetcorn pasta salad Fresh fruit selection	Veggie Straws

All food is homemade with exceptions noted by *. Alternatives will be provided for children with any allergies or specific dietary requirements.

Pumpkin Patch Menu – Week Two

Breakfast	Snack	Lunch	Tea	Snack
Cereals & toast Fruit	Choice from the fruit bowl	Chicken and stuffing burger, with cranberry sauce, served with sweet potato fries and Corn on the cob Apple slices and coconut dip	Toasted crumpets Fruit yogurt	Rice cake
Cereals & toast Fruit	Choice from the fruit bowl	Tomato and Basil gnocchi bake Baked pears	Jacket potato with Cheese and Beans fork biscuit	Corn thin
Cereals & toast Fruit	Choice from the fruit bowl	Coco mango chicken curry served with a mix of brown and white rice and naan bread Vanilla Greek style yogurt	Stuffed pitta's Orange slices	Corn thin
Cereals & toast Fruit	Choice from the fruit bowl	Shepards Pie served with cauliflower Flapjack Squares	Homemade sausage rolls with cheese and Apple Grapes	Rice cake
Cereals & toast Fruit	Choice from the fruit bowl	Cheesy baked cod with roasted Cherry tomatoes, new potatoes and Green beans Fruit and Jelly	Sandwich selection Fresh fruit selection	Veggie Straws

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Pumpkin Patch Menu – Week Three

Breakfast	Snack	Lunch	Tea	Snack
Cereals & toast Fruit	Choice from the fruit bowl	Chicken, leek and mushroom spaghetti Gingerbread people	Cauliflower cheese muffins Melon Slices	Rice cakes
Cereals & toast Fruit	Choice from the fruit bowl	Traditional Fish Pie served with broccoli Banana and custard	Pitta and vegetable sticks with homemade dip Blueberries	Corn thins
Cereals & toast Fruit	Choice from the fruit bowl	Moroccan meatballs and couscous served with tzatziki and flat bread Pomegranate and natural yogurt	Homemade soup served with crusty bread Chocolate brownies	Corn thins
Cereals & toast Fruit	Choice from the fruit bowl	Vegetable chilli served with a mix of brown and white rice, sour cream and tortilla chips Tropical Rice pudding	Toasted bagels Fruit Yogurts	Rice Cakes
Cereals & toast Fruit	Choice from the fruit bowl	Muffin pizzas, chips and baked beans Homemade ice cream	Cheese and Garlic pinwheels Fresh Fruit selection	Veggie Straws

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